

FOR IMMEDIATE RELEASE

Galeria Francisco Fino is pleased to present **two new solo exhibitions** opening simultaneously on **21 March 2026, between 4:00 – 8:00 PM.**

The gallery space will host two projects in parallel: a solo exhibition by **Helena Almeida** and *Interpretation is an interpretation is an interpretation...*, by **Vasco Araújo**.

Opening: 21 March 2026, 4:00 – 8:00 p.m.

HELENA ALMEIDA

Solo exhibition

Galeria Francisco Fino presents the first exhibition of Helena Almeida (Lisbon, 1934 – Sintra, 2018) at the gallery, bringing together a selection of works produced between the 1970s and the 2000s. The exhibition proposes a journey through different moments of the artist's practice, highlighting the consistency of an investigation that, over several decades, persistently questioned the limits of painting and drawing, displacing them toward a territory where body, gesture, and image become inseparable.

Since the late 1960s, Helena Almeida developed a singular practice within both the Portuguese and international contemporary art contexts, marked by an ongoing reflection on the conditions of possibility of painting. Trained as a painter at the School of Fine Arts in Lisbon, the artist began her trajectory at a moment when traditional disciplinary categories were being widely challenged. Her work emerges from this critical context, but asserts itself above all through a deeply self-reflexive inquiry in which the very act of painting and drawing becomes the object of analysis.

VASCO ARAÚJO

Interpretation is an interpretation is an interpretation...

The installation *Interpretation is an interpretation is an interpretation...* (2018) — comprising 170 drawings on paper, sound, and quotes from Pessoa, Sontag, and Nijinski — arises from the impossibility of fixing and transmitting the movement of the human body: its movements,

gestures, intensities, and sequences. However, grappling with this impossibility transforms into an intense exploration of the challenges in transcribing the movement of a dynamic body.

This impossibility yields two more immediate consequences: the first pertains to the inability to fully fix choreographic movements without resorting to image technologies, and the other involves acknowledging that we are consistently confronted with interpretations—reinterpretations, deviations, and inventions. The work thus serves as a mechanism for navigating the processes of deviations and extrapolations inherent in any interpretative movement of a code, whether linguistic, visual, mathematical, or otherwise.

Images

HELENA ALMEIDA *Desenho Habitado*, 1975 (© Carbonara Studio. Courtesy of Galeria Francisco Fino)

VASCO ARAÚJO *Interpretation is an interpretation is an interpretation...*, 2018 (© Vasco Araújo. Courtesy of the Artist and Galeria Francisco Fino)

Further information

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Opening hours:

Tue.–Fri. 12:00 –19:00

Sat. 14:00 –19:00